Louis D. Brown Scott Wituk

### Mental Health Self-Help

Consumer and Family Initiatives



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Louis D. Brown · Scott Wituk Editors

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## **Contents**

1	Introduction to Mental Health Self-Help	1
Part	I Frameworks for Research and Practice	
2	Theoretical Foundations of Mental Health Self-Help Louis D. Brown and Alicia Lucksted	19
3	Participatory Action Research and Evaluation with Mental Health Self-Help Initiatives:  A Theoretical Framework	39
Part	II MHSH Groups	
4	The Contributions of Mutual Help Groups for Mental Health Problems to Psychological Well-Being:  A Systematic Review	61
5	Online Self-Help/Mutual Aid Groups in Mental Health Practice	87
6	An Overview of Mutual Support Groups for Family Caregivers of People with Mental Health Problems: Evidence on Process and Outcomes Wai-Tong Chien	107
Part	III Consumer-Delivered Services	
7	Consumer-Run Drop-In Centers: Current State and Future Directions	155

x Contents

8	Certified Peer Specialists in the United States Behavioral Health System: An Emerging Workforce	169
9	The Development and Implementation of a Statewide Certified Peer Specialist Program Emily A. Grant, Nathan Swink, Crystal Reinhart, and Scott Wituk	193
Part	IV MHSH Policy	
10	Finding and Using Our Voice: How Consumer/Survivor Advocacy is Transforming Mental Health Care Daniel Fisher and Lauren Spiro	213
11	How Governments and Other Funding Sources Can Facilitate Self-Help Research and Services	235
Part	V Technical Assistance	
12	Consumer and Consumer-Supporter National Technical Assistance Centers: Helping the Consumer Movement Grow and Transform Systems	265
13	A Statewide Collaboration to Build the Leadership and Organizational Capacity of Consumer-Run Organizations (CROs)	287
Part	VI Self-Help/Professional Collaboration	
14	Helping Mutual Help: Managing the Risks of Professional Partnerships	303
15	The Contribution of Self-Help Groups to the Mental Health/Substance Use Services System	335
Inde	x	355

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xii Contributors

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