

Head and Neck Cancer Clinics

Series Editors: Rehan Kazi · Raghav C. Dwivedi



Frederick L. Greene

Andrzej L. Komorowski *Editors*

Clinical Approach to Well-differentiated Thyroid Cancers



 Springer

Head and Neck Cancer Clinics

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Head and Neck Cancer (HNC) is a major challenge to public health. Its management involves a multidisciplinary team approach, which varies depending on the subtle differences in the location of the tumour, stage and biology of disease and availability of resources. In the wake of rapidly evolving diagnostic technologies and management techniques, and advances in basic sciences related to HNC, it is important for both clinicians and basic scientists to be up-to-date in their knowledge of new diagnostic and management protocols. This series aims to cover the entire range of HNC-related issues through independent volumes on specific topics. Each volume focuses on a single topic relevant to the current practice of HNC, and contains comprehensive chapters written by experts in the field. The reviews in each volume provide vast information on key clinical advances and novel approaches to enable a better understanding of relevant aspects of HNC. Individual volumes present different perspectives and have the potential to serve as stand-alone reference guides. We believe these volumes will prove useful to the practice of head and neck surgery and oncology, and medical students, residents, clinicians and general practitioners seeking to develop their knowledge of HNC will benefit from them.

More information about this series at <http://www.springer.com/series/13779>

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Clinical Approach to Well-differentiated Thyroid Cancers



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***Dedicated to the memory of my
grandfathers***

*Władysław Roman Bochenek, engineer,
prisoner of the Gross Rosen and
Mittelbau-Dora German Concentration
Camps, who taught me the love for the
unspoiled nature*

and

*Adam Ignacy Komorowski, master in
goldsmithery, soldier of the Polish First
Army, who taught me the meaning of the
word Katyń*

ALK

*This series is dedicated to the research and charity efforts
of Cancer Aid and Research Foundation (CARF), Mumbai,
India (www.cancerarfoundation.org).*

Preface

‘Disease is very old and nothing about it has changed. It is we who change as we understand what was formerly imperceptible.’

—Jean Martin Charcot (1825–1893)

Differentiated thyroid cancer belongs to the small group of human malignancies with very good prognosis. Excellent outcomes result from the unique tumour biology and constantly improving treatment options. This book has been constructed as a concise clinical guide to the current management of this tumour.

The authors come from nine countries and four continents. The wide geographical distribution and different clinical background of each author result in a unique perspective on a clinical problem. As a rule, the commentaries are written by specialists based in a country other than the country of the author of the chapter.

Some topics are covered by more than one chapter; this is because we believe that each part of this book should be ‘functionally’ complete to avoid browsing through the pages in search of information that should logically appear also in the chapter the reader is currently reading.

We do hope that this book will help our readers to treat their patients better. We will be more than happy to receive feedback (z5komoro@cyf-kr.edu.pl). This way, the editors can also do better in the future.

Charlotte, NC, USA
Sanlúcar de Barrameda, Spain

Frederick L. Greene
Andrzej L. Komorowski

Abbreviations

AGES	Age, grade, extent, size
AJCC	American Joint Committee on Cancer
AMES	Age, metastasis, extent, size
BSRTC	Bethesda System for Reporting Thyroid Cytopathology
CLND	Central lymph node dissection
CT	Computed tomography
DTC	Differentiated thyroid carcinoma
DVT	Deep vein thrombosis
EORTC	European Organization for Research and Treatment of Cancer
ESPEN	European Society for Clinical Nutrition and Metabolism
FAP	Familial adenomatous polyposis
FDG	18-Fluoro-2-deoxyglucose
FNA	Fine needle aspirate
FNAB	Fine-needle aspiration biopsy
FNAC	Fine-needle aspiration cytology
FTC	Follicular thyroid carcinoma
GLUT	Glucose transporters
IONM	Intraoperative nerve monitoring
iPTH	Intraoperative parathyroid hormone
JCAHO	Joint Commission on Accreditation of Healthcare Organizations
MACIS	Metastases, age, completeness of resection, invasion, size
MIVAT	Minimally invasive video-assisted thyroidectomy
MRI	Magnetic resonance imaging
NCCN	National Comprehensive Cancer Network
NCDB	National Cancer Data Base
NCI	National Cancer Institute
NSCLC	Non-small cell lung cancer
<i>PAX8-PARγ</i>	Peroxisome proliferator-activated receptor-gamma
PEG	Percutaneous endoscopic tube
PET-CT	Positron emission tomography-CT
PTC	Papillary thyroid carcinoma
RET	Rearranged during transfection
rhTSH	Recombinant human thyroid-stimulating hormone
RLN	Recurrent laryngeal nerve

SEER	Surveillance, Epidemiology, and End Results
SPECT	Single-photon emission computerized tomography
SSI	Surgical site infection
TE	Tracheo-oesophageal
Tg	Thyroglobulin
TgAb	Thyroglobulin antibodies
TNM	Tumour–node–metastasis
TOVAT	Transoral video-assisted thyroidectomy
TSH	Thyroid-stimulating hormone
US	Ultrasound
WBS	Whole-body isotope scan
WDTC	Well-differentiated thyroid carcinoma

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